



County of San Diego

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ALFREDO AGUIRRE
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April 26, 2018

TO: Behavioral Health Advisory Board (BHAB)

FROM: Alfredo Aguirre, LCSW, Director
Behavioral Health Services

BEHAVIORAL HEALTH SERVICES DIRECTOR'S REPORT – May 2018

1. ACTION ITEM(S): NONE

2. LIVE WELL SAN DIEGO UPDATES / SPECIAL EVENTS

2.1 San Diego Center for Children becomes a Live Well San Diego Partner

The *Live Well San Diego* vision leverages collective strengths and includes partnering with organizations across all sectors to move the needle forward on health and wellness throughout the County. Partnering organizations include local governments, educational institutions, faith-based congregations, the media, hospitals and health centers, human services agencies, hospitality and tourism companies, community-based, charitable and IT organizations. On April 13, 2018, BHS welcomed San Diego Center for Children (SDCC) as our newest *Live Well San Diego* partner.

SDCC was founded in 1887 and provides evidence-based therapeutic, educational, foster care and transition services to children and families struggling with mental, emotional and behavioral disorders. Serving families from all different backgrounds and circumstances, SDCC provides strength-based, child and family centered, and culturally relevant services in a holistic way. BHS welcomes the San Diego Center for Children as our newest partner.

2.2 Upcoming Events

• NAMI 5K Run/HHSA Wellness Expo

The National Alliance on Mental Illness (NAMI) San Diego and BHS are teaming-up to host this fun event on Saturday, April 28, 2018. The 5K Walk and HHSA Expo will be held at Liberty Station and will bring the community together to raise awareness and reaffirm a commitment of support to the those affected by mental health conditions. The free event kicks-off May is Mental Health Month (see more info on next page), and is family- and pet-friendly. For more information or to register for the event, visit: www.namiwalks.org and search for "San Diego".

- **May is Mental Health Month**

Each May, in our community and nationwide people come together to raise awareness and support those living with mental health conditions. BHS and many providers will be hosting events across the region to shine a light on the issue of mental illness. Visit <https://www.sandiegocounty.gov/hhsa/programs/bhs> and scroll down to the May is Mental Health Month section for a link to calendar of community events.

- **Behavioral Health Recognition Dinner**

On Friday, June 1, 2018, the behavioral health community will gather for the 32nd annual Behavioral Health Recognition Dinner (BHRD). The event recognizes people who work to support clients and family members in their efforts to achieve recovery without stigma. This year the BHRD will be held at the Marriott in Mission Valley and features music, raffle, dancing, and an awards presentation. Tickets are available individually and by table; visit www.bhrdsandiego.net for more information and to register for the dinner.

3. UPDATE FROM EDMOOR DISTINCT PART SKILLED NURSING FACILITY

3.1 Continuing Our Journey to Excellence

Edgemoor has submitted its application for the prestigious Baldrige Award for Professional Excellence in Healthcare. The application is a comprehensive overview of the in-house processes used to produce improved levels of service performance. All levels are highly competitive and there is a rigorous evaluation process if the application is judged worthy of an on-site visit. The Baldrige Award recognizes superior performance in the areas of leadership, strategic planning, and consumer and staff satisfaction.

3.2 Semi-Annual Car Show

Edgemoor will hold its 14th Semi-Annual Car Show on Friday, May 18, 2018. The event was established by a volunteer and has grown to attract more than 70 cars. It is put on by staff and volunteers with the help of a donor who underwrites the event. The show is a tradition which is done for the benefit of residents and staff, who are able to enjoy music outdoors on the plaza and pose for pictures with the cars and their owners. The event is also the culmination of a week's celebration for National Nursing Home Week. All makes and models of cars as well as trucks and motorcycles are welcomed to be in the show.

Respectfully submitted,



ALFREDO AGUIRRE, LCSW, Director
Behavioral Health Services

AA/bp

cc: Nick Macchione, MS, MPH, FACHE, HHSA Director
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